PRACTICE AID

Monitoring Progression of SSc-ILD in Different Clinical Scenarios: Suggested Frequencies for Assessment[1]

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Clinical Scenario History and Physical	HRCT	PFTs	6MWT
New diagnosis of SSc-ILD in early SSc (<5 years)	Every 12 months unless clinical scenario changes	Every 3-4 months	Every 3-6 months
New diagnosis of SSc-ILD in established SSc (>5 years)	Every 12 months	Every 3-6 months	Every 3-6 months
Patients with SSc-ILD receiving treatment for ILD	Every 6-12 months, at discretion of treating physician	Every 3-4 months	Every 3-6 months
Patient with SSc-ILD who has completed a course of treatment for ILD	As needed based on discretion of treating physician	Every 6-12 months	Every 6-12 months
Patient with SSc-ILD and concurrent pulmonary hypertension	As needed based on discretion of treating physician	Every 3-6 months	Every 3-6 months
Patient with SSc-ILD and concurrent muscle disease	Every 12 months unless clinical scenario changes	Every 3-4 months; considered along with respiratory muscle pressure testing	Every 3 months

6MWT: 6-minute walk time; HRCT: high-resolution computed tomography; ILD: interstitial lung disease; PFT: pulmonary function test; SSc: systemic sclerosis; SSc-ILD: systemic sclerosis–associated interstitial lung disease.

1. Fischer A et al. *Open Access Rheumatol.* 2019;11:283-307.

Access the activity, "How I Think, How I Treat – Contemporary Insights on Diagnosing and Managing SSc-ILD in an Evolving Treatment Landscape," at **PeerView.com/RUB40**