

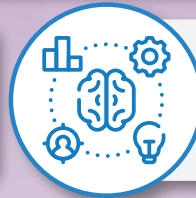
The What, Why, and How of Shared Decision-Making

Educational programs, live event details, and other downloadable resources available at [PeerView.com/T2D-TrainingCenter](https://www.peerview.com/T2D-TrainingCenter)

Use shared decision-making (SDM) to identify appropriate and individualized glycemic targets and reach agreement on treatment changes¹



Employ SDM to collaborate with patients on individualized diabetes plans



SDM can help improve decisions, patient knowledge, and patient risk perception



SDM helps to acknowledge and address emotional needs of PwT2DM



SDM has been linked to better self-care (eg, improved diet, foot care)



The SDM-Q-9 tool ensures the patient is included in decision-making²

My doctor made clear that a decision needs to be made

My doctor asked me which treatment option I prefer

My doctor and I thoroughly weighed the different treatment options

My doctor wanted to know exactly how I wanted to be involved in making the decision

My doctor helped me understand all the information

My doctor and I selected a treatment option together

My doctor told me that there are different options for treating my medical condition

My doctor precisely explained the advantages and disadvantages of the treatment options

My doctor and I reached an agreement on how to proceed

Try the Mayo Clinic's Diabetes Medication Choice Decision Conversation Aid
or visit bit.ly/45kSaWM

